STAGE SET FOR EARLY ELECTIONS IN ISRAEL

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Celebrity pg 18

Hudgens takes leaked pics in stride

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VANCOUVER • MONDAY, OCTOBER 27, 2008 metro

Comment pg 8

Dosanjh for PM? The West View

Candidates spar for U.S. presidency

ELECTION Republican presidential nominee John McCain yesterday fought to distance himself from unpopular U.S. President George W. Bush and Democrat Barack Obama attempted to attach them at the hip on a day of fierce campaigning.

"Do we share a common philosophy of the Republican Party? Of course. But I've stood up against my party, not just President Bush but others, and I've got the scars to prove it," McCain told NBC's Meet the Press.

Obama quickly seized on McCain's comment in a speech in Denver, saying McCain was "finally giving us a little straight talk, and owning up to the fact that he and George Bush actually have a whole lot in common."

McCain also gave a strong vote of confidence to his vice-presidential running mate, Sarah Palin, dismissing questions about the Republican National Committee's purchase of $150,000 in campaign clothes for her and her large family.

"I don't defend her. I praise her. She needs no defence," McCain said of Palin, adding that a third of the clothes had been returned and the rest would be donated to charity.

McCain said Palin lives a "frugal life." **REUTERS**

Entertainment pg 16

Search on for Hudson kin

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RAFE ARNOTT/METRO VANCOUVER

Dustin and Olga Krysak, and Olga's son Tyler, return to their Vancouver apartment yesterday after a fatal explosion ripped through a neighbouring unit Saturday morning.

Blast victim 17th murder

MARIA COOTAUCO
for Metro Vancouver

A 26-year-old woman killed in a deliberately set explosion that rocked a Vancouver apartment building is the city's 17th homicide of the year, police said yesterday.

Investigators are now looking for a suspect witnesses saw running from the building shortly after the Saturday morning blast. Both the suspect and the victim are known to police.

A second man who police are calling an "innocent victim" is recovering in hospital from extensive burn injuries.

According to police, the woman had recently moved into the 21-year-old male victim's fifth floor suite on the 3400 block of Crowley Street after answering an ad for a roommate.

"I've seen (him) in the elevator a few times," said third floor tenant Olga Krysak.

Krysak and her husband Dustin were in their apartment at the time of the explosion and were woken up by the fire alarm.

"Our neighbour started banging on the door," Dustin said. "As soon as you opened the door, that's when you could smell the burnt chemical smell."

The couple were downstairs with other tenants when they saw the burn victim being led out by a firefighter.

"His skin was all red and his shirt was blown off," Dustin added. "All that was really left was the shoulders of the shirt."

The Krysaks came home yesterday after staying with friends. They were told by police to stay away on Saturday.

"I didn't really want to come back here," Olga said. "It's just sad. There's really no way to put it."

Flaherty not laying money down on chances of Canada running deficit

ECONOMY Finance Minister Jim Flaherty said yesterday he could not safely say if there will be a federal deficit this fiscal year.

With five months remaining, he told CBC News the government will be "watching the situation closely."

The federal government ran a $1.7-billion deficit in August, but reported a $1.2 billion surplus for the April-to-August period.

Flaherty said Ottawa might run a deficit in a critical situation, such as if the worldwide recession starts to dramatically affect the Canadian economy. **MORE, PAGE 5**

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Retired buses are Argentina-bound
Eighty retired TransLink trolley buses are heading to Mendoza, Argentina for use in that country's transit system. The buses will be loaded onto a freighter tomorrow and Wednesday and shipped out on Thursday. METRO VANCOUVER

Local

James talks tonight

NDP Leader Carole James is set to deliver a televised statement on the economy at 6:15 p.m. It's expected that it will be a rebuttal to the televised speech on the economy that Premier Gordon Campbell delivered last Wednesday, which was the first live address he's made in five years. METRO NEWS SERVICES

Women wear their stories

KRISTEN THOMPSON
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The stories of four abused Filipino women became works of art yesterday at a Vancouver fashion show to raise awareness about violence against women.

The event, SCRAP, was held at Centre A – Centre For Contemporary Art, and produced by the Philippine Women Centre of B.C. (PWC-BC).

It featured 12 pieces that told the stories of four women.

"It's based on and inspired by the experiences of (local) Filipino women," said Leah Diana, executive director of the PWC-BC.

She said women in the community often keep quiet about violence.

"We want to break the silence … and empower women to speak out about abuse."

Denise Valdecantos, one of the designers, said the show highlights the centre's call to scrap Canada's live-in caregiver program, where she said some women make as little as $1.50 an hour.

"They're considered scraps that can be exploited and thrown away," she added.

Valdecantos said one of the most vivid pieces is the Silence Jacket, inspired a woman named Gloria, who was abused by her husband.

> **"We want to break the silence … and empower women to speak out about abuse."**
> Leah Diana

Gloria's quotes are hand-written into the jacket's lining, while the collar covers the model's mouth.

"It's about her process of empowerment," Valdecantos said, adding that Gloria eventually fled her marriage and gained custody of her child.

"At the end of (the walk) she flips her jacket inside out, so her story is on the outside."

KRISTEN THOMPSON/METRO VANCOUVER

A model wears the Scrap Dress at SCRAP Political Fashion Show at the Centre A – Centre For Contemporary Art yesterday.

Province to create two housing outreach offices

JEFF HODSON
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B.C. will be launching a pair of residential tenancy offices in Downtown Vancouver to provide outreach and information on the rights and responsibilities of tenants and landlords, Housing Minister Rich Coleman announced yesterday.

The first office will be located in the Downtown Eastside at 390 Main St.

The office space, which is provided for free by the City of Vancouver, will be shared with Pathways Information Centre and the Aboriginal Community Career Employment Services Society.

The second office will be located in a single-room occupancy (SRO) hotel at 518 Richards St. that is owned by the province.

The office space is shared with B.C. Housing.

RCMP seeks stolen dog

PETS A dog was stolen from an Anmore, B.C., home by thieves who also nabbed the family's jewelry.

Max, a seven-pound Terrier/Chihuahua mix, was stolen on Thursday from the family's home just north of Port Moody sometime between 11 a.m. and 3 p.m.

Max's collar identifies his name and phone number. Coquitlam RCMP are asking anyone with information to contact Cpl. McDonald at 604-790-1540.

Max, a Terrier/Chihuahua mix, was taken from a home in Anmore last week.

METRO VANCOUVER

Dosanjh wins recount

RECOUNT Ujjal Dosanjh, the incumbent Liberal MP for Vancouver South, has hung on to his federal seat after a judicial recount found he beat Conservative Wai Young by only 22 votes.

The results were announced on Friday.

A mandatory recount was ordered by Elections Canada after the results of votes on election day found Dosanjh beat Wai by 33 votes.

In the last election he won the riding by 9,000 votes.

Dosanjh has blamed the NDP for splitting the vote this time around.

Ujjal Dosanjh

Recounts are automatic in races where there is a small margin between the winner and loser.

The former premier of British Columbia said he hasn't ruled out running in the next Liberal leadership race, which will take place sometime in the spring.

METRO VANCOUVER

James wants answers on schools

POLITICS NDP Leader Carole James stood defiantly in front of an elementary school near Queen Elizabeth Park yesterday and demanded answers from Premier Gordon Campbell on why he hasn't seismically upgraded the 80 schools he vowed to improve by this year.

"The government found money to be able to seismically upgrade prisons, to seismically upgrade their liquor stores," she said. "Surely schools should have the same kind of priority for government."

Of the 80 schools the Liberal government said it would fast-track and complete, only 16 were upgraded, according to NDP spokesman David Bieber.

RAFE ARNOTT/METRO VANCOUVER

NDP Leader Carole James speaks outside General Wolfe Elementary school in Vancover with local byelection candidates Spencer Herbert and Jenn McGinn yesterday.

JEFF HODSON/METRO VANCOUVER

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These results are not official.

Two weeks left to make 2010 ticket requests

There are only two weeks left to place requests for tickets to the 2010 Olympic Winter Games in Vancouver and Whistler. Only Visa cards, cheques and money orders are accepted and all ticket requests will be entered in a random lottery with the winners announced late November. METRO VANCOUVER

The puck drops here

What Canucks fans at yesterday's open practice have to say about the season so far

	KEVIN JHUTTI, 19, STUDENT, DELTA.	SONYA JHUTTI, 20, STUDENT, DELTA.	KRISTY AZUMA, 25, COUNSELLOR, VANCOUVER.	VICTOR DAROZA, 26, STORE MANAGER, VANCOUVER.
Which player is performing the best?	Ryan Kesler, easily. He's got everything Mike Gillis was looking for — the grit and speed.	Alex Burrows. He's more focused this year. He's got more fire and step in his game.	Alex Burrows. He has heart. He's aggressive and (fearless).	Mason Raymond and Alex Burrows. They're playing hard.
Which player is underperforming?	Taylor Pyatt. It looks like he's floating around out there. He's shying away from the net.	Taylor Pyatt. He's not in the mentality and he's really slow.	Taylor Pyatt. He's a big pylon. He should use his size to his advantage. He just floats around.	Roberto Luongo. I hate to say that because I love him. He's let in a lot of soft goals.
What is the team doing well?	The toughness factor. They're getting in the checks and skating to score goals.	They're finishing their checks really hard. They've got more speed and technical ability.	I was impressed with their pre-season, but not so much with their regular season so far.	They're scoring lots of goals, which is unexpected. It's been more entertaining to watch them.
What does the team need to improve on?	It's too early to tell. There's been spurts of everything they need.	Win more face-offs.	Roberto Luongo (and his defence) need to be more solid.	Be more consistent with goal scoring.
If you were general manager, what would you do differently?	Cheaper tickets.	Sign Sidney Crosby.	Get rid of Taylor Pyatt.	I'm not sure I'd do anything differently.
How do you think they'll finish?	I'm pretty optimistic. I'd go for them winning the division.	I think they'll finish second in the division.	Hopefully they finish above 500, but who knows.	I'm planning the parade. You've got to think big.

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RAFE ARNOTT/METRO VANCOUVER

Vision mayoral hopeful Gregor Robertson examines organic apples at the farmers' market in Kitsilano yesterday.

Candidates in market for local food

Permanent home touted

JEFF HODSON
jeff.hodson@metronews.ca

Farmers' markets need a permanent place in Vancouver, said members of three civic political parties at the season's final market held in Kitsilano yesterday.

Vision Vancouver mayoral candidate Gregor Robertson, a former organic farmer, said the markets need longer-term permits and signage.

"There's no doubt that they bring incredible economic value and community strength for Vancouver," said Robertson, flanked by COPE council candidate Ellen Woodsworth and Greens Stuart MacKinnon (park board) and Ben West (electoral district A).

"They've grown enormously over these past few years. I think everyone in this city wants to see a stronger and more secure place for farmers' markets."

Woodsworth said the markets exemplify the idea of growing locally and said the city needs a building so that they can be held year round.

Winter kickoff

- The Vancouver winter farmers' market kicks off Nov. 8 at the WISE Hall (1882 Adanac St.). Visit eatlocal.org for details.

RCMP mum if arrested man linked to pipeline explosions

ENCANA RCMP officers investigating two EnCana pipeline explosions in Northern B.C. arrested a 21-year-old man, but refused to confirm if he is linked to the case.

Mounties say investigations of the bombings near Dawson Creek led them to Kelly Lake resident Ian Lloyd Gladue, who was arrested in Grand Prairie, Alta., on Thursday.

He has five outstanding warrants for his arrest on counts of sexual assault, uttering threats, obstructing a police officer and failing to comply to conditions.

Police have not asked for new charges to be laid and have wrapped up their onsite investigation. Gladue is expected to appear in court today. MONICA MARTINEZ/ FOR METRO VANCOUVER

News in brief

ASSAULT A 19-year old woman was sexually assaulted on Ruby Street in East Vancouver at 1:30 a.m. on Saturday, police said. The attacker also struck her several times, police said, before running off when the woman's screams alerted neighbours.

STANDOFF A man's refusal to come out of a North Delta gas station washroom led to a three-hour standoff Sunday. When an officer opened the bathroom door, the man tried to stab him with scissors. He is now in police custody.

HEALTH BCIT responded to the immediate demand for nurses in B.C. by shortening its three-and-a-half-year nursing program to three years. The school plans to increase enrolment by 50 per cent over five years. METRO NEWS SERVICES

Woman dies in train accident
A 20-year-old woman is dead after being struck by a train in Toronto as her younger sister and a friend looked on. Saturday night around 11:30, the three women apparently ducked under a lowered railway crossing arm. The victim stumbled on the tracks as a train approached. Family has asked that police not identify the victim. TORSTAR NEWS SERVICE

Canada

Nationwide warrant issued

Kyle Weese, left, described as "extremely dangerous," is the subject of a Canada-wide police manhunt following the weekend shooting death of a young woman innocently taking a smoke break outside a Toronto tavern. Police say they'll do whatever it takes to track down the 25-year-old Toronto resident.

TORSTAR NEWS SERVICE

News in brief

HEALTH The health of immigrants decreases over time in Canada and actually gets worse than the health of people born here, a new study shows. Researchers found the longer an immigrant stayed here, the higher the risk of atherosclerosis — or narrowing of arteries — became.

DEATH A Canadian soldier was killed and four others were seriously injured Saturday in a training accident, CBC News Online reports. Gunner Arielle Keyes-Oliver died after a truck rolled over at CFB Petawawa.

LISTERIA The Canadian Food Inspection Agency has recalled several varieties of sandwiches and roast beef sold in the Maritimes and Ontario because of listeria concerns, CBC News Online reports. The meat is linked to Les Salaisons Desco Inc., a processor based in Boisbriand, Quebec.

METRO NEWS SERVICES

The dirty d-word

Tory opposition to deficits may hurt nation: Experts

A growing number of economists and political scientists warn the federal government's own ideology may be the biggest obstacle to helping Canadians get through this financial crisis.

So far, that ideology means the Conservative government has chosen measures to assist the banks, without public guarantees the money would flow through to the real economy of consumers and businesses, according to McMaster University economist Atif Kubursi.

"They must not allow ideology to trump what is necessary now, and that is flexibility," says Kubursi. "My worry is their complete fetishism about deficits — it's a dirty word — is stopping them from seeing this is so serious they have no choice. It's necessary for the public good."

The Conservatives don't appear to have ruled out fu-

> **"It's a crisis of confidence and there's no light at the end of the tunnel."**
> Atif Kubursi, economist

ture deficits. After the federal government posted a $1.7 billion deficit for the month of August, Finance Minister Jim Flaherty said Friday he still expects a small surplus this year, but can't comment beyond that.

Kubursi and other economists argue the issue goes further to how the government should be spending money in this crisis.

Unless Ottawa changes its economic strategy, Kubursi fears Canada is heading into the "worst kind of recession when consumers stop spending ... It's a crisis of confidence and there's no light at the end of the tunnel."

There is partial praise for Ottawa's initiatives.

York University political economist Ricardo Grinspun says "it's completely responsible for the government to go to the assistance of the banks," as Prime Minister Stephen Harper's Conservatives have done.

TORSTAR NEWS SERVICE

ROBIN KUNISKI/FOR METRO CALGARY

Calgary Police investigate after two people were gunned down in a northeast Calgary restaurant early yesterday morning.

Two dead in 'gang' shooting

CALGARY Police believe two people killed and two injured in an early morning restaurant shooting yesterday were the victims of a targeted attack.

Staff Sgt. Kevin Forsen said while the victims aren't known to police, the killings have classic gang-related signatures.

"We believe the method of the shooting is similar to gang shootings we have seen before," Forsen said.

Police were called just before 4 a.m. and found a male and a female dead. Two others were brought to hospital, one in critical condition. A fifth person at the table wasn't injured.

Suspects
- Police have not yet taken anyone into custody in relation to the shooting.

KRISTA SYLVESTER/METRO CANADA

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Quakes in California, Indonesia

Two earthquakes, one that registered 4.6 and another measuring 4.1 on the Richter scale, shook northern California early yesterday, while in Indonesia a quake measuring 6.4 jolted Sulawesi Island. There were no reports of casualties or damages in either case. REUTERS

World

Iran's president says he's not ill

Iranian President Mahmoud Ahmadinejad said yesterday he was healthy, countering reports suggesting he was ill and that his political future could be threatened. Ahmadinejad, who was elected president in 2005, has not said whether he will seek a second term in the June 2009 presidential race, but is widely expected to run. REUTERS

Livni calls for early election

Israel headed yesterday towards an early election likely to kill any remaining chances for a peace deal with the Palestinians this year, after ruling party leader Tzipi Livni dropped efforts to form a government.

"I notified the president that under the current circumstances, we should hold an election without delay," Livni said after meeting Shimon Peres, Israel's head of state.

Livni, head of the centrist Kadima party, said prospective political partners had made "impossible demands" in weeks of bargaining, in which the ultra-Orthodox Shas faction had sought a steep boost in social welfare spending.

Israeli media said Livni's centrist Kadima party would table a bill to dissolve Parliament today, and set a new election date, when lawmakers convene after a long summer recess, but the motion would not necessarily come to an immediate vote.

Political commentators forecast a parliamentary election would be held on Feb. 17. REUTERS

Background

- Last month, Peres asked Livni to form a government after Prime Minister Ehud Olmert, hit by a corruption scandal, resigned.

Chess **Champ holds big lead**

WOLFGANG KAISER/REUTERS

Chess world champion Viswanathan Anand of India, left, and his challenger, Vladimir Kramnik of Russia, shake hands at the Chess World Championships. Anand leads 6-3 following yesterday's tie game and needs only another tie today retain his title.

News in brief

INVESTIGATION Afghan provincial authorities yesterday were investigating reports that 20 private security guards were killed in a U.S.-led coalition air strike southwest of Kabul, two officials said. A U.S. military spokesman said he had no information about the incident. REUTERS

U.S. helicopters attack farm, killing eight civilians: Syria

DEATHS U.S. military helicopters attacked a farm in eastern Syria near the Iraqi border yesterday, killing eight civilians, including five members of the same family, Syria said.

The Syrian Foreign Ministry summoned the U.S. charge d'affaires in Damascus to protest over the raid, Syria's state news agency SANA reported after state television said U.S. soldiers stormed a building in the area during the raid.

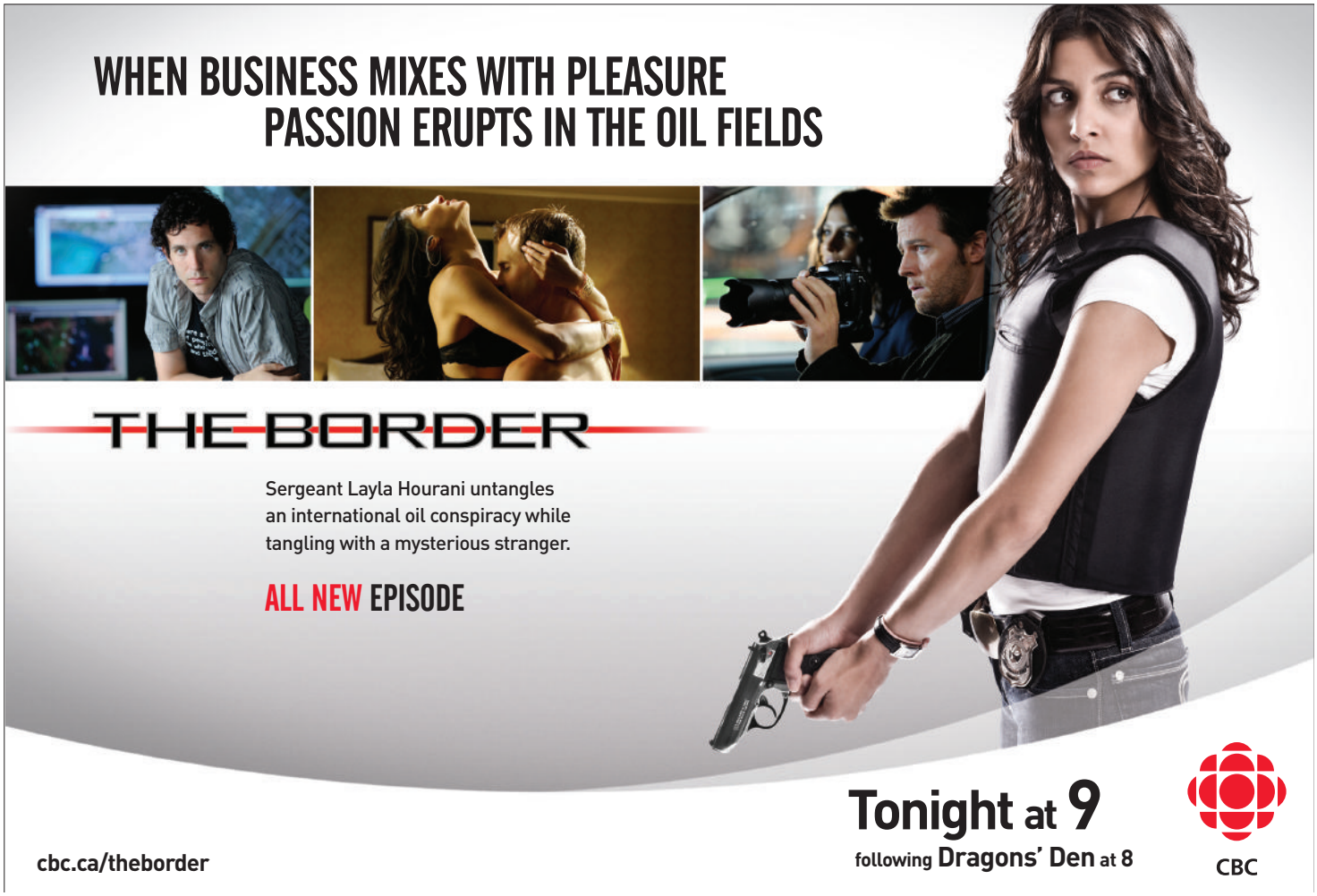
A Pentagon spokesman in Washington said he had no immediate information on the reported strike but would check further. White House spokesman Gordon Johndroe declined to comment on reports of the attack, as did the CIA. REUTERS

If McCain loses, what comes next for U.S. conservatives?

POLITICS If Republican John McCain loses the Nov. 4 election as most polls predict, his party may be in for a rough period of soul searching.

Analysts and some party activists say losing the White House will highlight the pitfalls of relying too heavily on a narrow foundation of conservative Christians.

But some social conservatives say a victory for Democrat Barack Obama will energize them for the 2010 congressional "mid-term" races and the 2012 White House battle. REUTERS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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. **We reserve the right to edit letters.**

Comment & Views

Comment

Opera Night in Canada?

HineSight

Anne Hines

Break out the Styrofoam fingers and face paint. Grab a seat at your local pub. It's time to celebrate the start of hockey season. Unless, of course, you live in Toronto.

Fellow Torontonians, I want to address a serious and crushing problem that's caused longstanding heartbreak in our city. I don't mean gun violence or not being able to get the U.S. Super Bowl ads. Those are bad. I'm speaking of the fact that it's Week 4 and once again our team is playing like visually-impaired garden slugs.

I, for one, have had it with jokes like, "Hear about the guy who was afraid he'd contracted listeriosis after kissing the Stanley Cup? Fortunately, he realized nothing Maple Leaf had touched it in 41 years."

There's a solution. We'll abandon all forms of hockey and take up the arts.

I didn't say it was a great solution.

Consider the benefits. They hardly ever hold ballet performances in drafty arenas at 5 a.m. And the symphony will never expect you to shell out $180 for a jersey just because it's got the name of the first violinist on it.

Here are some tips to get you started:

Modern art: Do not wander around the gallery saying loudly, "My two-year-old paints as well as that." This is disrespectful. And not just to two year olds.

"Don't say, 'I'm gunna see a play.' Intone, 'I'm attending the theatre.' If you pronounce it 'Th-EE-a-tuh' it's even better."

An artist friend insists that to appreciate modern art, we must imagine what the artist was feeling when they were creating. I tried this and thought, "Perhaps he had a very bad experience … with a radish," and, "maybe her medication hadn't kicked in yet."

On a recent visit, my daughter, Jade, and I saw an amazing piece of art. A single black line on a blank wall. Obviously representing the stark isolation of modern life. We stood admiring the work right up until a janitor arrived with Windex to, "Clean that ink mark off the wall." We decided to call this performance art.

Theatre: Don't say, "I'm gunna see a play." Intone, "I'm attending the theatre." If you pronounce it "Th-EE-a-tuh" it's even better. Avoid experimental plays. I saw Hamlet performed as a one-man show. It got very confusing when the actor playing all the parts had to keep jumping up and stabbing himself.

So, goodbye Leafs. We're out. Done. Finito. We're over hockey. It's Opera Night In Canada now. Unless, of course, they win this week.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

That's the way the croissant crumbles

TheWestView

Paul Sullivan

Journalist & media consultant

Surviving a near-political death experience can have a strange effect on a person.

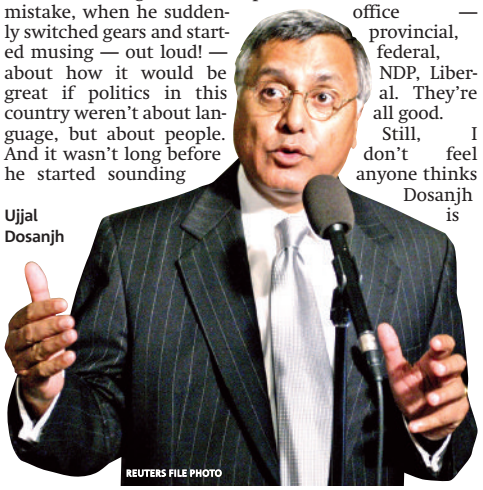
Ujjal Dosanjh, for instance.

Minutes after he survived a judicial recount by a mere 22 votes over his Tory opponent Wai Young in Vancouver South, Ujjal seemed to be contemplating a run at the federal Liberal leadership.

"Well, I haven't ruled it out," he said. Then he got that "Whoa!" look in his eye, and backed away. "Of course, I don't speak French," he said. He speaks Punjabi and a little Urdu (neither official languages of Canada). It took him 40 years to learn to speak English, he explained — he'd be ancient history by the time he learned to speak French.

No doubt he was remembering Stéphane Dion mangle English, in public, all across Canada. When you're trying to lead a nation, it helps if you can speak the language. It may not be fair that in Canada there are two of them, but that's the way the croissant crumbles.

Anyway, it looked as if he had successfully backed off from making a terrible mistake, when he suddenly switched gears and started musing — out loud! — about how it would be great if politics in this country weren't about language, but about people. And it wasn't long before he started sounding not like a guy who just survived a political mugging, but The Candidate. Again.



Ujjal Dosanjh

REUTERS FILE PHOTO

Politicians are different than you and me. They like to run for election. Even when they're supposed to be doing something else, like governing, they're eating Rotary rubber chicken and glad-handing. They probably run for election in their sleep. Dosanjh, in particular, loves to run for office — provincial, federal, NDP, Liberal. They're all good.

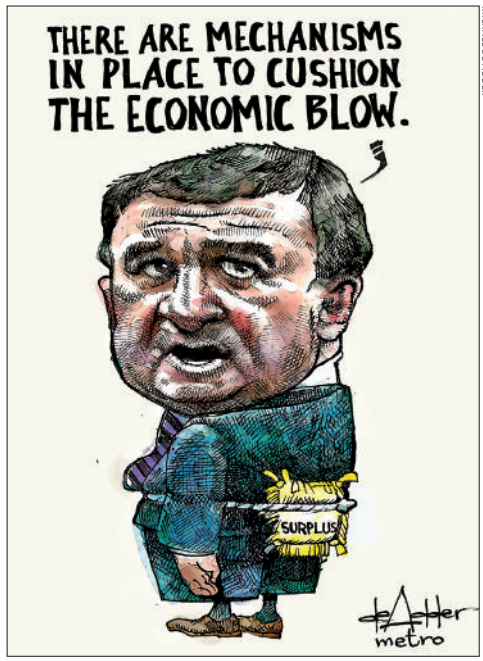
Still, I don't feel anyone thinks Dosanjh is serious about becoming prime minister, especially if he needs a French-English dictionary to translate "Je me souviens," that commentary on Canadian unity featured on every registered motor vehicle in the nation of Quebec.

Which is too bad. Dosanjh represents the future: A global coming together that defies borders or blood. Canada leads the world, unless the Harper regime decides to change course, in bringing diverse people together, and Dosanjh is the poster boy for the success of that movement. Wouldn't it be great if in addition to becoming the first premier of South Asian origin, he could blaze the way into 24 Sussex Drive?

Stephen Harper vs. Ujjal Dosanjh … in its own way it's as exciting, as transformational, as Barack Obama vs. John McCain.

Keep dreaming out loud, Ujjal.

Paul Sullivan is a Vancouver-based journalist, owner of Sullivan Media consulting, and editor-in-chief of Orato.com, the citizen news website.



MICHAEL DE ADDER

Letters

Colleen Carroll, VANCOUVER

Re: "Insite show halted by cops."

I think the Vancouver Police Department has a bit too much money to play with and its budget should be cut.

The manpower and the equipment it uses, from the helicopter to the garbage trucks, must have cost the city of Vancouver (a lot of money) to break up a small line of homeless hungry people peacefully standing in line for free hamburgers.

Terry McKinney, VANCOUVER

Re: "Insite show halted by cops."

It reminded me of the late '60s, watching hundreds of police officers acting like thugs and tearing down a stage for a concert that they were obviously aware of in time to arrange the mob scene.

David O'brien, VIA E-MAIL

Re: "Cost of dressing for success: $150K."

I think your newspaper and the rest of the media here in Canada are very biased toward (John) McCain and (Sarah) Palin, just like in the U.S.

I think you people are just jealous of her because she has beauty and brains and she gets a lot of attention.

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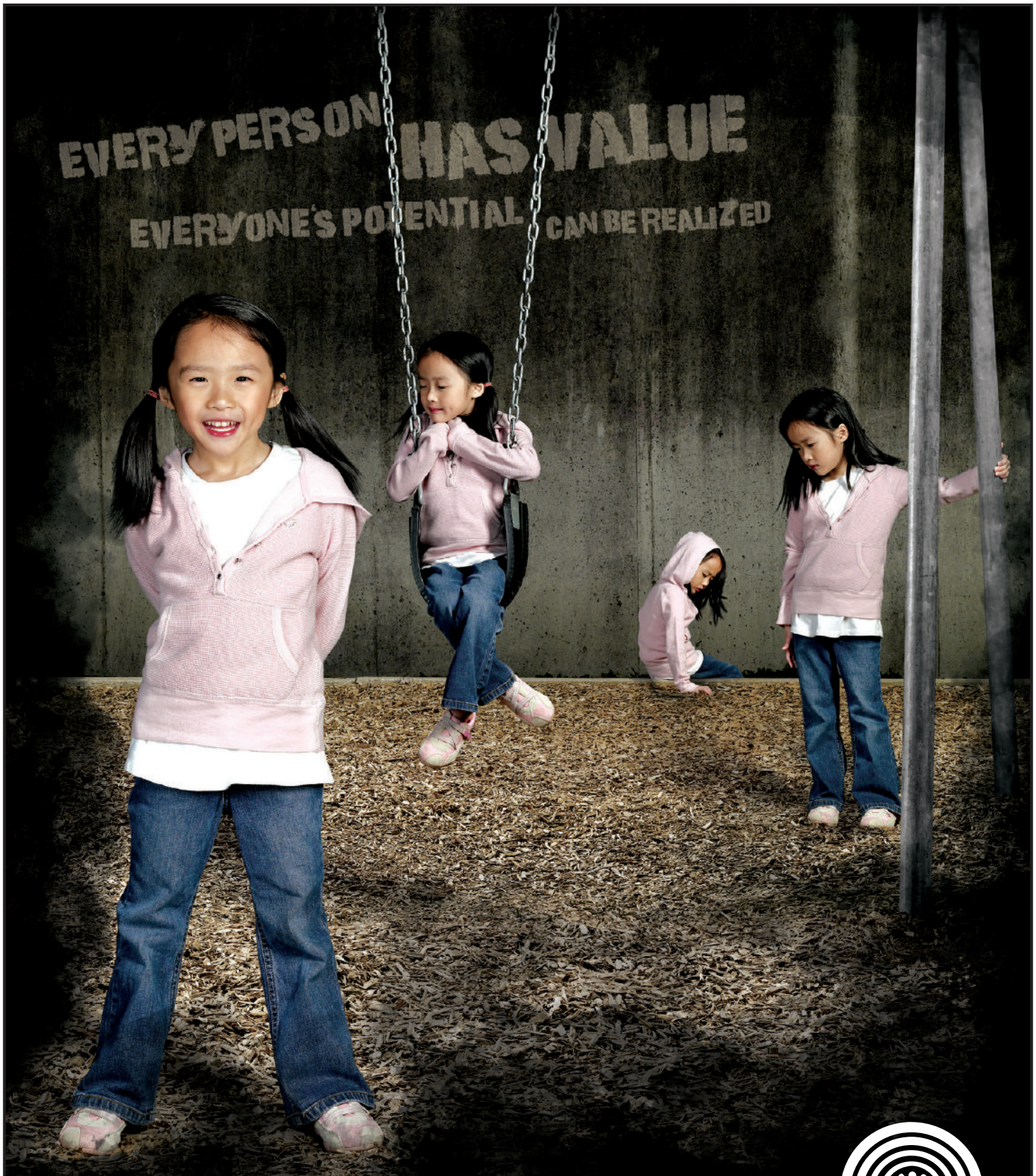

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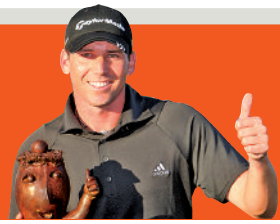
Deadline day moving?

ESPN.com is reporting that the NHL trade deadline will be moved a day later from it's originally scheduled date to March 4. The website reports that it should be announced sometime in the next week. METRO NEWS SERVICES

Sports



Sergio dedicates win to Seve

Sergio Garcia picked up his first European tour victory in more than three years yesterday, winning the Castello Masters by three strokes. Garcia dedicated the win to fellow Spanish golfer Seve Ballesteros, who is hospitalized after surgery on a brain tumour.

METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Seahawks spoil Singletary's debut

NFL Leonard Weaver recorded touchdown grabs of 43 and 62 yards as the Seahawks hammered the San Francisco 49ers, 34-13 yesterday, spoiling the head coaching debut of Mike Singletary. Seneca Wallace started for the second consecutive game due to Matt Hasselbeck's back injury and finished with 222 yards passing and a pair of scores on 15-of-25 attempts for Seattle (2-5), which snapped a three-game losing skid.

Weaver accounted for 116 receiving yards on four grabs and Josh Wilson recorded a 75-yard interception return for a touchdown to highlight the Seahawks' defensive effort.

Sutter released from hospital

HOCKEY Carolina Hurricanes centre Brandon Sutter was discharged from hospital yesterday after suffering a concussion a night earlier.

Sutter was hurt during Saturday's 4-3 win over the New York Islanders after taking a hard but clean check from Doug Weight.

Short track a hit with Canadians

SPEED SKATING Michael Gilday was one of three Canadian short-track speedskaters to earn their first career World Cup medal yesterday in a competition at the Pacific Coliseum, which will host events for the 2010 Olympics. Gilday and Remi Beaulieu-Tinker finished second and third in the men's 1,000 metres, while Marianne St-Gelais earned a silver in the women's 500.

METRO NEWS SERVICES

Phillies take stranglehold on Rays

WORLD SERIES – GAME 4

Phillies 10 Rays 2

The Phillies are one victory away from ending a quarter-century worth of championship frustration in Philadelphia.

Ryan Howard homered twice and drove in five runs and Joe Blanton hit his first major league homer and had seven strikeouts over six-plus dominating innings, powering the Phillies to a 10-2 victory over Tampa Bay in Game 4 of the World Series.

Blanton belted a solo homer in the fifth inning, Howard added a three-run blast in the fourth and a two-run shot in the eighth, and Jayson Werth clubbed a two-run homer in the eighth.

Ahead 3-1 in the best-of-seven series, the Phillies need one win for their second title, with the other coming in 1980. Philadelphia hasn't had a major sports title since 1983 when the 76ers won the NBA championship.

Jimmy Rollins went 3-for-5 and scored three times for the Phillies, who headed into Sunday 2-for-33 with runners in scoring position. They went 4-for-14 in those situations in Game 4.

The Phillies acquired Blanton (1-0) from Oakland on July 17, and the right-hander has been a pleasant surprise, going 6-0 since then. That includes a pair of playoff victories. He allowed four hits and two runs, on homers to Carl Crawford and Eric Hinske, before departing in the seventh.

Andy Sonnanstine (0-1) was lifted after giving up six hits and five runs — three earned — through four innings for the Rays.

The Phillies will have their ace on the mound for tonight's Game 5 in 24-year-old Cole Hamels, while the Rays go with fellow lefty Scott Kazmir in a pitching rematch of the opener.

METRO NEWS SERVICES

TIM SHAFFER/REUTERS

Ryan Howard hits one of his two home runs in Game 4 of the World Series in Philadelphia last night. The Phillies romped to a 10-2 win, taking a 3-1 lead in the series. They can wrap up the franchise's first world title since 1980 with a win tonight.

Weighing the positives and negatives with Canucks, Leos

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

The more things change, the more they stay the same as the Northwest division is shaping up to be a six-month dogfight once again. Despite Saturday's impressive 6-3 win over the Oilers, the Canucks find themselves in the basement of the Northwest.

That said, Vancouver is only three points behind first place Minnesota, which has had a much easier schedule to start the season.

Though none of the five teams in the Northwest has been labeled a Cup contender, it's easy to make a case as to why each of the teams will either make or miss the playoffs. With such parity within the division, divisional games are even more significant this year because there are less of them. Such games have been a bright spot for the Canucks early on, as Vancouver is a perfect three-for-three against Northwest opponents.

• Ryan Kesler, Alex Burrows and Jannik Hansen continue to be the Canucks' most impressive trio on a nightly basis. Kesler leads all Canucks with nine points thus far while the line has already combined to produce 20 points, failing to hit the score sheet only once this season.

The irony, of course, is that Kesler, Burrows and Hansen are deployed in a shutdown role against the opposition's top line night in and night out. As surprising as that unit's production is, so is the lack of it from the Canucks' so-called first line. Outside of an offensive outburst against Calgary to start the season, the Sedin twins have been extremely quiet. Though linemate Steve Bernier has three points in his last four games, Henrik and Daniel have combined for the same amount in their last five outings, despite leading all Vancouver forwards in ice time. Secondary scoring has been the Canucks problem in the past, but primary scoring is the primary concern right now.

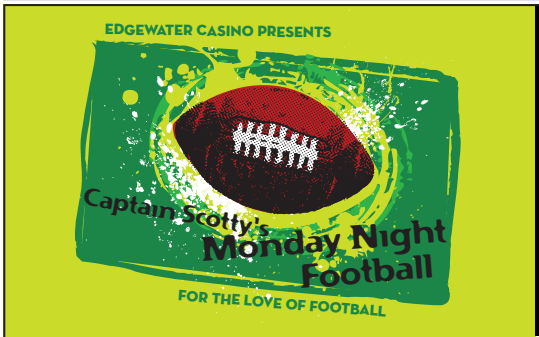
• You want the good news or the bad news from BC's 55-32 win over Toronto? The good news is Jarious Jackson was outstanding at quarterback, completing 11 of 16 passes for 156 yards and three touchdowns while running for one of his own.

The bad news is he did so in relief of starter Buck Pierce, who left the game with an ankle injury. Same story running back where Ian Smart showed he's much more than a kick returner in rushing for 89 yards on just five carries.

Too bad he got his chance due to a season-ending injury for Charles Roberts, who became the third Leo lost to a torn Achilles this year. Last but not least, there is the Lions defence, which scored a pair of touchdowns, but continues to allow too many big plays. One doesn't want to focus on the negatives following a win, but this franchise is at a point where success is measured in Grey Cups, not regular season wins.

Want to weigh in? Send me an email me at scott.rintoul@metronews.ca.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.



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Every litre of gasoline you save means 2.4 kilograms less carbon dioxide released into the atmosphere, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha. METRO NEWS SERVICES

Going Green

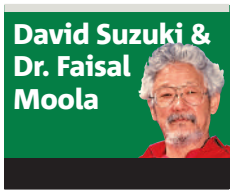
Stay cosy this winter

Some tips to stay cosy this winter from Direct Energy: Service your furnace well before the cold weather arrives; use the microwave to heat up a bowl of soup or cup of hot chocolate — microwaves use less energy than stoves; close doors and warm-air registers in rooms you don't use. For more tips, visit www.keepwarm.ca. METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Speak up for the environment

ScienceMatters



We've just had our federal election and, if nothing else, the environment did become an issue. Unfortunately, global warming and other environmental issues were overshadowed by an economic crisis and, no doubt, by the fear people have of the word tax, so much so that they didn't notice the word cuts was also in there.

Now it's up to all of us to make sure the environment doesn't get lost in all the noise about the economy. The new government has some important choices to make in the near future.

Although a few nations are putting plans to combat global warming on the back burner while they weather the economic crisis, many more are holding fast, realizing that protecting the environment makes good economic sense. The European Union has stated that it is committed to meeting emissions targets even as some Eastern European countries are getting cold feet.

Here in Canada, several provinces, including B.C. and Ontario, have taken the lead in establishing plans to combat global warming and to shift to a sustainable economy. But more needs to be done, especially at the federal level.

Continuing to rely on projects such as the Alberta tar sands to keep our economy afloat is a short-term strategy with long-term negative consequences for both the environment and the economy. Sure, we'll be able to pull in some money while the oil lasts, or while it is economically feasible to extract, or until the rest of the world has switched to renewable sources of energy, but then what?

If we start now to shift from reliance on dirty and non-renewable sources of energy to renewable sources, and if we put more effort into conserving energy, we will benefit in so many ways.

Other countries have proven this, and continue to prove it.

Canadians may have elected a government that differs little from the one we had before the election — and they may have even shown, through the votes they did cast and through the disappointing apathy that many demonstrated, that it was difficult to connect with the parties that made the environment the top priority. But we shouldn't conclude that the results of the election mean that the window of opportunity for government action on the environment has slammed shut.

A minority government such as the one we just elected has an even greater responsibility to listen to all our voices. We just have to speak loudly enough to be heard.

Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Drive a stake into electrical 'vampires'

Eco-Minded

Dozens of monsters have sunk their fangs into you and they're sucking your blood. Or at least energy and your hard-earned money.

Possible vampires are your computer, TV, stereo, and any other device with a remote control or digital clock. They're vampires if they suck considerable electrical power even in standby mode (though some don't).

Collectively, vampires consume about one-quarter of the total power used for electronics, draining your liquid assets.

These vampires "suck" in the environmental sense, too, because vampire loads are in addition to all the electricity we need for useful purposes. If we could slay these monsters, we could avoid importing dirty electricity or building new power plants, such as environmentally-damaging coal.

Help us drive a stake into them. First, unplug your electronics whenever possible, or plug them into a power bar that you can switch off. Second, buy Energy Star devices, certified not to consume more than 0.75 watts in standby mode. Third, ask your new members of Parliament how they will fight these evil fiends, such as by requiring all new products to meet Energy Star standards.

Together, we can fight back the forces of darkness by ensuring that our electronics are actually working for us, and not sucking us dry.

Kai Chan is an assistant professor and Canada Research Chair at the Institute for Resources, Environment, and Sustainability (IRES) at UBC. Conor Reynolds is a PhD candidate in IRES at UBC, doing research on energy and transportation emissions.

Phantom loads

- Other names for vampire loads: Phantom electrical loads; standby power; leaked electricity.
- New Canadian legislation to reduce phantom loads could save about four terawatt-hours, or the electrical energy used by 140,000 households annually.

Warming worries readers, Metro World survey finds

NUMBERS One-third of Metro readers are worried about global warming — in Sweden this rises to 46 per cent — according to a Metro World "green" survey.

The countries most worried about global warming are: Sweden (46 per cent); Denmark (39 per cent); France (37 per cent); Portugal (33 per cent); Hungary (32 per cent); Spain (31 per cent); Netherlands (31 per cent); Italy (30 per cent); and the U.S. (25 per cent). Numbers for Canada were not supplied.

To help the environment some things our readers do most regularly are: Shower instead of take a bath; and switch lights off when leaving a room.

The survey also found just more than one-third (37 per cent) of Metro readers believe women care more for the environment than men do. METRO WORLD NEWS

Hollywood doing its part in going green

ELISABETH BRAW
Metro World News

Celebrities are abandoning their gas guzzlers for Priuses. Movie studios are sending their film sets to the recycle bin. Thank the Environmental Media Association.

"An Inconvenient Truth created awareness about the environment," said EMA president Debbie Levin. "And Hollywood is very progressive."

That makes the EMA's task easier. The organization, which has worked to make Hollywood greener for 20 years, is now finding success everywhere. It was the EMA that convinced celebrities to buy those Priuses to set an example for lesser mortals.

"It used to be that messengers had to drive around Los Angeles and distribute every single draft of every single script," said Levin.

But making an environmentally-friendly movie is more difficult than buying a hybrid car: There are huge transportation needs, and recycling can be difficult in remote locations. The films that do succeed earn the EMA's Green Seal.

On Nov. 13, the EMA will hold its annual awards ceremony, where it recognizes TV shows and films that have a "green" message.

The ceremony itself? It's carbon-neutral, fuelled by bio-diesel, and serves organic food.

Friends of EMA

Daryl Hannah: Lives a totally green lifestyle; owns a solar home; drives a bio-diesel car; is a vegan; and travels around the world as a strong advocate of environmental practices.

Rosario Dawson: Works on green causes including lending her name and image for a phone recycling campaign in the United States and Europe; designed a canvas bag as part of a national campaign to replace plastic bags; lives a green life.

Cameron Diaz: One of the first celebrities to drive a Prius; a huge environmental advocate; involved in a "green" school program; insists that all her movies follow the EMA Green Seal Guidelines for Productions.

Leonardo DiCaprio: Drives a hybrid car; produced The 11th Hour.

World Bank to increase loans to poor countries

The World Bank plans to double its long-term loans to poor countries such as Ghana, Bangladesh and Cambodia, from $13.5 billion US in 2007, to make up for dwindling private fund flows to these economies amid the global credit crisis. REUTERS

Business

McCain cool to auto bailouts

Republican presidential candidate John McCain declined to embrace the idea of a $15-billion US cash bailout for the struggling U.S. automobile industry to help it ride out the current crisis, but didn't rule it out. In the interview with NBC, he noted Congress recently authorized $25 billion US in low-interest loans to help the industry retool to produce more fuel-efficient cars. REUTERS

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

High anxiety follows slide in stock prices

MARKETS Fears of a deep global recession dominated investor sentiment as financial markets in the Asia-Pacific region began to reopen today after last week's worldwide slide in stock prices and currency collapses.

There were early indications that governments and central banks will take further dramatic action to prop up the global financial system this week.

The Japanese Finance Minister called a news conference for 9 a.m., and the Bank of Korea announced an emergency meeting for Monday morning amid forecasts from analysts that it will announce an interest rate cut.

There is growing concern that intervention by authorities will not be enough to prevent companies from slashing production and jobs as sales get hit and financing remains difficult.

Japan's stock market is expected to decline, threatening to take the Nikkei average to a 26-year low. REUTERS

Russia to tout plans for new financial order

Russia has drawn up its own proposals to restructure the world financial system, which President Dmitry Medvedev will present at a global summit on the financial crisis next month, a senior official said yesterday.

U.S. President George W. Bush will host the summit Nov. 15 in Washington to discuss the causes of the crisis and the principles by which financial regulators and institutions should be reformed.

Invited to the meeting are leaders of the G20, which includes major industrialized nations and countries with key emerging economies, and heads of the World Bank, International Monetary Fund, United Nations and the Financial Stability Forum.

> **"The currently existing world financial system is inadequate to the conditions in which we live."**
> Igor Shuvalov

Russian First Deputy Prime Minister Igor Shuvalov told state media the proposals contained "measures on (revising) the international financial structure, on how international financial institutions should function, and they also concern national regulation."

Shuvalov did not reveal details, but reiterated Russia's general stance: "The currently existing world financial system is inadequate to the conditions in which we live. In the Russian Federation, our leadership has been constantly talking about this in recent years."

Shuvalov said Russia had no plans to isolate itself from the rest of the world during the crisis, stressing that it was part of the global economy. If the world economy declined, Russia's growth would be short-lived, he added. REUTERS

Learn What the Rich Already Know About Money at Our
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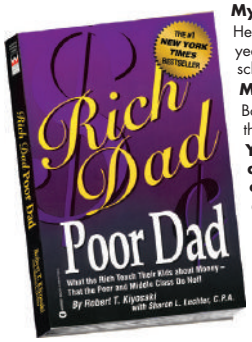
THE #1 NEW YORK TIMES BESTSELLER
Rich Dad Poor Dad
What the Rich Teach Their Kids about Money – That the Poor and Middle Class Do Not!
By Robert T. Kiyosaki
with Sharon L. Lechter, C.P.A.

My Poor Dad was educated and intelligent.
He completed four years of undergraduate work in less than two years. He then went on to receive his Ph.D… all on full financial scholarships.

My Rich Dad never finished the eighth grade.
Both men were successful in their careers, working hard all their lives. Both earned substantial incomes.

Yet my highly educated dad struggled financially all his life and the other dad would become one of the richest men I had ever known.
One died leaving tens of millions of dollars to his family, charities, and his church. The other left a legacy of unpaid bills. Both men were strong, charismatic, and influential.

Both men offered me advice, but they did not advise the same things.
My two dads offered me the perspective of contrasting points of view: a rich man's view and a poor man's view. This forced me to think about, and ultimately choose, a new way of thinking for myself. A way of thinking that assures financial security and prosperity! Now, through my books and workshops, I can share my mindset with anyone interested in mastering the Rich Dad® way of thinking – and use it to create true long-term wealth.

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Middle East Markets in tailspin

REUTERS

A trader monitors stocks at a Saudi bank in Dammam yesterday. Kuwait moved to prop up one of its banks and Saudi Arabia extended $2.7 billion US in credit to needy citizens yesterday as the global financial crisis spread to the Gulf Arab region, sending stocks into a tailspin.

Mideast moves to bail out banks

BAILOUTS Kuwait's central bank propped up Gulf Bank yesterday, forced to step in to support the bank after it was hit by losses from trading in currency derivatives after the dollar rose. The government promised to guarantee local bank deposits.

Meanwhile, Saudi Arabia will pour $2.67 billion US in credit into the Saudi Credit Bank, which was established to extend interest-free loans to low-income citizens to help them overcome financial difficulties. REUTERS

Business in brief

CHINA Central bank governor Zhou Xiaochuan said in parliament that China must prepare for the challenges created by the global financial crisis, but that the economy is generally in good shape due to bank conservatism and a trade surplus. He also said the central bank would work on a plan to provide emergency liquidity to banks if needed. REUTERS

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Small Georgia bank the 16th U.S. bank failure this year
U.S. bank regulators Friday closed tiny Alpha Bank & Trust in Georgia. Stearns Bank NA agreed to take on Alpha's insured deposits, and will reopen Alpha's two bank locations today as Stearns Banks branches. REUTERS

B.C. mulls small-business pension plan

Details of British Columbia's proposal to create a group pension fund for businesses that can't offer their own plans will take a while to work out, the province's finance minister said Friday.

The plan, unveiled by Premier Gordon Campbell Wednesday, called for a privately financed, defined-contribution fund for the estimated 75 per cent of private sector workers in the province who don't have access to group pension plans.

"We believe it's something that's timely. We've certainly heard from small and medium-size businesses that they would love to offer their employees a pension as part of a benefits package," provincial Finance Minister Colin Hansen said.

The fund would be the first of its kind in Canada, and Hansen said he is not aware of any similar pension fund systems in the United States.

The proposal is expected to be among the recommendations to be released later this year as part of a special joint British Columbia-Alberta task force that is reviewing pension standards in the two western provinces.

Hansen said the tentative plan is for the province to spearhead the fund and regulate it, but it would be privately managed. Businesses and self-employed workers would be allowed to join on a voluntary basis.

Hansen noted that although the recommendation is coming from a joint provincial task force, that did not mean Alberta would automatically be involved in the plan. REUTERS

Retailers could fold by new year

ECONOMY The conventional wisdom for retailers having financial difficulty has been to stave off bankruptcy until after the holiday season, but cracks in that thinking are starting to show and fewer companies may make it past the new year.

Tumultuous financial markets, flagging consumer confidence and cautious lenders are undermining the efforts of struggling retailers to stay in business, restructuring experts say. And many retailers hoping to ride out the storm face tough choices about store closings, and ways to raise cash.

Industry experts say some of these companies may even find themselves going straight to liquidation rather than restructuring.

"We will see more store closures ... and more bankruptcy filings before the holidays."
Walter Jones

"There are five or six public companies that are teetering right on the brink and given this credit environment frankly they could go away any moment. Anything can happen," said Howard Davidowitz, chairman of retail consulting and investment banking firm Davidowitz & Associates.

By this time of year, most retailers have their holiday stock, which enables them to hold out against financial pressure until after the season.

But that inventory build-up depletes cash, giving retailers few options if they run into trouble.

As a the financial crisis deepens, and consumers spend less over the holidays, this year could be different.

"My own opinion is that we will see more store closures before the holidays and more bankruptcy filings before the holidays," said Walter Jones, a turnaround consultant. REUTERS

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Business in brief

OIL Iran is being hurt by the financial crisis because of falling oil prices and a world downturn that will damage non-oil exports, an official said yesterday, even though Iran's economy is relatively isolated due to U.S. and UN sanctions. Tehran has ordered the economy, commerce and agriculture ministries to "evaluate the impact of the global financial crisis on the Iranian economy," state radio reported, and each ministry has set up a committee to study the issue.

LOTTERIES The U.S. Department of Justice has told states that federal law bars them from privatizing lotteries, a money-raising strategy several hoped to use for investments in education, roads, bridges and the like, Indiana's Republican governor said on Friday. The state is just one of several weighing long-term leases for their lotteries. Gaming companies are eager to lease them because they say they can make them more profitable. REUTERS

Probe clears IMF chief in affair

INVESTIGATION The International Monetary Fund's board Saturday cleared managing director Dominique Strauss-Kahn of harassment, favoritism and abuse of power following an inquiry into his affair with an IMF economist.

While the board stopped short of disciplinary action, its leader, Shakour Shaalan, acknowledged there was concern among female staff about Strauss-Kahn's behavior.

The investigation found Strauss-Kahn conducted a brief, consensual affair in January 2008 with Piroska Nagy, who worked in the IMF's Africa department as a senior economist until she took a staff buyout in August.

"The incident was regrettable and reflected a serious error of judgment on the part of the managing director."
IMF board statement

Shaalan said he personally warned Strauss-Kahn, a former French finance minister, against further improper conduct. He said the board had accepted Strauss-Kahn's apology.

"The executive board noted that the incident was regrettable and reflected a serious error of judgment on the part of the managing director," the IMF board, which represents the fund's 185 member countries, said in a statement.

In a statement, Strauss-Kahn repeated an earlier apology to the board, blaming his actions on a serious error of judgment.

"I very much regret the incident and I accept responsibility for it," said Strauss-Kahn, whose wife, French television personality Anne Sinclair, dismissed it as a "one night stand" in a statement on her blog.

Shaalan told reporters that Strauss-Kahn retained the confidence of the board. REUTERS

University of Waterloo launches green website

The University of Waterloo recently launched a sustainability website to feature its green initiatives on campus and in the community. The site centralizes information on sustainability that had been scattered throughout the university web space. METRO NEWS SERVICES

Workology

Homecoming cost

The cost of policing liquor-fuelled parties coinciding with Queen's University Homecoming last month so far totals $296,000, and the tab could go higher should the Ontario Provincial Police bill the Kingston department for staff time. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

If you're lying, chances are Jennifer Ford-Smith can see right through you.

Warning to fraudsters: Watch out

OddJobs

"I've got a dead body! I've got a dead body!" Jennifer Ford-Smith cried out one day at work.

Her colleagues probably thought she had lost it. But Ford-Smith was used to people not quite getting her passion for sniffing out crime.

The dead body — found inside a home bought with a mortgage through the lending company she worked for — meant that the police would get involved with her investigation into the defaulted payments.

As a fraud examiner for a mortgage company, she investigates loans gone awry to see what went wrong and trains staff to sniff out scams.

Ford-Smith's crime sense started young: She adored math puzzles and mystery books and was able tell if someone was lying. After studying international relations, she signed on with a temp agency that sent her to a bank's mortgage division to review applications.

She found one or two frauds a day. She flagged everything from faked government assessments to lies about income. Her colleagues in the same department didn't find nearly so many questionable applications.

"You're good at this," her boss said. Just two weeks later, the bank hired her permanently and moved her to the bank's audit department where she reviewed mortgage documents and did investigations. A few years later, a newly launched mortgage company hired her to start an audit department.

"When a mortgage company is new to the market, the word gets out amongst the criminal set, and they often try to attack it right at the beginning, when the controls are weak," says Ford-Smith.

She keeps on top of fraud trends — which she shares with staff at her company — by reading and talking to others in the industry, including the police.

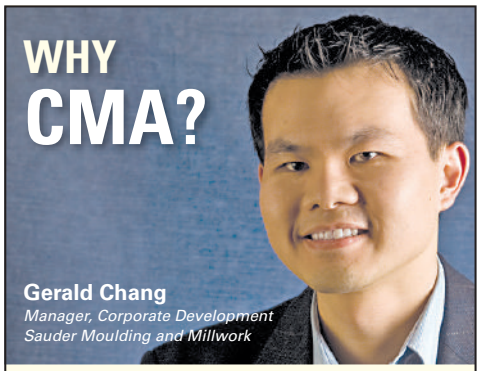
Her biggest investigation surrounded the home in Montreal where the dead body was found. A biker gang was involved, as was cocaine, seeds for a grow op, human trafficking and other crimes. Ford-Smith spent months in an office with a lawyer combing through documents to figure out what went on. The fraud ended up totalling $3 million and is currently before the courts.

Ford-Smith, now 27, recently moved to another job, setting up yet another fraud and audit department at a new lender. About eighteen months ago, she completed her certification through the Association of Certified Fraud Examiners in Texas. She's now working certification through the Association of Certified Anti-Money Laundering Specialists of Miami.

The Lowdown

Job title: Fraud Examiner
Salary: $70,000 and up
Education/training: Certification through the Association of Certified Fraud Examiners
Best Part of the Job: "The satisfaction of seeing what you suspect — I know this person's lying, I think these things are false — to see a fraud investigation coming to an end and to see you were right all along."
Worst Part of the Job: "You can get stuck in a ten by ten room for months on end, just looking through pieces of paper."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.



Earning the distinction of being the youngest Manager in his company's 80 year history, Gerald Chang's experience spans from being a Financial Analyst, to a Business Development Manager for a Beijing consulting company to his current position as Manager, Corporate Development with Sauder Moulding and Millwork. Gerald began the **CMA Program** in September 2007.

"Thanks in large part to my experience and my current training in the CMA Program, I recently accepted a promotion and will be using a lot of what I learn as a CMA to enhance our company's leadership development and overall corporate strategy."
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Elder care booming

STATSCAN In 2007, about 2.7 million Canadians aged 45 and over, or approximately one-fifth of the total in this age group, provided some form of unpaid care to seniors (people 65 years of age or older) who had long-term health problems, according to a Statistics Canada release.

Between 2002 and 2007, the number of people providing care to seniors increased by more than 670,000. A factor that will impact caregiving for seniors is the aging of the population. According to census data, the population of seniors surpassed 4.3 million in 2006, up 11.5 per cent from 2001. Population projections suggest that the proportion of seniors in the general population will increase from 13 per cent in 2006 to 21 per cent in 2026.

Many people giving care to seniors are balancing this with other responsibilities, such as jobs and care for their own children. About 43 per cent of caregivers were aged between 45 and 54, when many Canadians still have children living at home. Caregivers were more likely to be women who were employed and married.

In 2007, one in four caregivers, or about 675,000 people, were themselves seniors, and one-third of these senior caregivers were over the age of 75.

METRO NEWS SERVICES

Hate crime investigation at UNB
The University of New Brunswick is investigating an allegation that a law student has spread hate literature on the Internet. In March, a law student filed a complaint to the university after he uncovered online postings featuring hate literature by a fellow student whom he was looking up for contact information. METRO NEWS SERVICES

Luxury hotels for small biz

RAFAEL BRUSILOW
for Metro Canada

"Coming home to animals is nice, so that's a feeling the hotel wants to instill back into the hotel experience."
Anita Chau

A personal chauffer, a team of relaxation specialists, golf courses accessible from the lobby and a rentable pet companion are just some of the unique amenities Canada's top hotels are offering to attract the amenity-conscious small business traveller.

Hotels.ca recently compiled a list of Canada's top hotels for the small business traveller and found when it comes to distinctive services, travellers have some truly extraordinary choices.

"There are a lot of great hotels across Canada and they're all really cutting edge," said Anita Chau, senior marketing manager for Hotels.ca.

Chau says the key to fulfilling small business needs is offering 24-hour access to business technologies like computers and wireless Internet, convenient access to food and personal amenities and great business support for things like presentations and meetings. Most hotels do offer those things, but some go further.

The W Montreal hotel offers a complimentary ride in an Acura SUV complete with personal driver to and from the airport as well as a team of "meeting specialists" that can swing by your business meeting to create a relaxing and fun break involving karaoke, oxygen bars or even yoga classes.

In Calgary, the Sheraton Suites Calgary Eau Claire offers perhaps one of the most unique amenities by letting the idea of comfort go to the dogs — or dog, to be more exact. Patrons feeling lonely or just missing their own pets can schedule quality time with Jake, a Golden Retriever who has his own doghouse in the hotel lobby, his own business cards and e-mail address. Jake is available to accompany guests on walks to the park and takes appointments online or through his own appointment book outside his lavish canine home in the lobby.

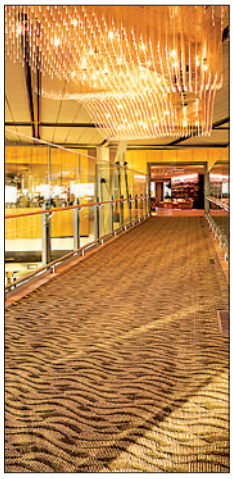
"Coming home to animals is nice, so that's a feeling the hotel wants to instill back into the hotel experience," Chau said.

The Fairmont Vancouver Airport offers hotel check-in right outside the baggage carousels and a round-the-clock electronic monitoring service that automatically notifies staff when anything needs to be replaced in the room, while the Pan Pacific Hotel in the same city offers a 24-hour cyber-butler, a 42,000-square-foot meeting space and a dedicated spa.

The Brookstreet Hotel in Ottawa lets business travellers network and make deals in style or just take a break on one of two European PGA-approved short golf courses attached to the hotel.

In Toronto, the Hazelton Hotel offers five-star luxury complete with fully equipped business centres on every floor that include round-the-clock tech support, while busy travellers staying at the Pantages Hotel can have the staff transform their guest room into a made-to-order meeting room in a hurry with just a quick phone call.

Clockwise from the top: Jake the Dog at the Calgary Sheraton puts on his camera face; Jake's regal home is seen at the same hotel; and Sheraton Calgary's large meeting room.



The entryway at the Fairmont Vancouver is seen here.

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Oprah denies potential role if Obama wins

Talk-show host Oprah Winfrey has denied reports she has been courted by U.S. presidential candidate Barack Obama to become the country's U.K. ambassador if he is elected into office next month. IMDB.COM

Entertainment

Cleopatra in 3D

Catherine Zeta-Jones has been tipped to play Cleopatra in a new 3D rock 'n' roll musical. Oscar winner Steven Soderberg will reportedly direct the $30 million US live action movie. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

weekend box office

Estimated ticket sales:

1. **High School Musical 3: Senior Year:** $42 million US
2. **Saw V:** $30.5 million
3. **Max Payne:** $7.6 million
4. **Beverly Hills Chihuahua:** $6.9 million
5. **Pride and Glory:** $6.3 million
6. **The Secret Life of Bees:** $5.9 million
7. **W.:** $5.3 million
8. **Eagle Eye:** $5.1 million
9. **Body of Lies:** $4.1 million
10. **Quarantine:** $2.6 million

REUTERS

In brief

MUSIC A solo album or the third Velvet Revolver album — or possibly both — are on Slash's docket for 2009. The guitarist told Billboard that he's "at the very tail end of the demo phase" for the solo project, which he hopes to start recording early next year.

MUSIC Chad Kroeger laughs when asked if the phenomenal sales for 2005's All the Right Reasons gave confidence to Nickelback as it set out to make its sixth studio album, Dark Horse. "No, because look what we have to try to live up to," says Kroeger, of the album due for release Nov. 18. REUTERS

FBI joins search for nephew

Boy, 7, missing since bodies of Jennifer Hudson's mom, brother found

FILE PHOTO/GETTY IMAGES

Actress Jennifer Hudson is seen in this photo promoting a movie at the Toronto International Film Festival earlier this year.

Chicago police asked the FBI to help find the missing 7-year-old nephew of Academy Award-winning actress Jennifer Hudson after her mother and brother were found shot to death a day earlier.

Julian King has been missing since Friday when Hudson's mother, Darnell Donerson, 57, and brother Jason Hudson, 29, were found dead in Donerson's south side Chicago home.

"Let my baby go," Hudson's sister Julia told reporters. She appeared at a news conference along with the boy's father, Greg King.

Chicago police spokesman Daniel O'Brien said the FBI had been asked to help in the search in case the boy had been taken across state lines, in violation of federal kidnap laws.

O'Brien declined to confirm various media reports that police had taken William Balfour into custody as a suspect in the double homicide investigation. Balfour, 27, had a relationship with Hudson's sister Julia but is not the father of the missing boy. Balfour's mother said earlier her son and Julia were estranged and that he had nothing to do with the slayings.

The Illinois Department of Corrections website lists Balfour as having been convicted of attempted murder, car theft and vehicular hijacking. He was released from prison in 2006.

O'Brien said more than one person had been questioned but that no one had been charged with a crime. He did not release any names. On Friday, police spokeswoman Monique Bond said of the murders, "It appears to be domestic related."

Hudson gained fame in 2005 as a contestant on the No. 1-rated U.S. television show American Idol. She was one of 12 finalists in the third season but was voted off the talent show.

Her booming voice and popularity kept her touring in live shows and she eventually earned the role of Effie White in the 2006 film version of the stage musical Dreamgirls. REUTERS

The power of the tube in U.S. presidential politics

IntelleVision

LIVING IN THE PAST: I don't think it's just Mad Men that's got people jonesing for the stylistically superior early '60s, but here's the latest bit of evidence that we've started hitting the pre-Meet The Beatles era hard.

It's an article of cultural and political conventional wisdom that Richard Nixon lost the 1960 election with the televised debate that aired on September 26, 1960, in which he appeared nervous and haggard next to the poised, tanned JFK. Most recollections of that debate insist that radio listeners thought Nixon won the debate, but that TV viewers saw it differently, and that this was not only a watershed moment for the Kennedy campaign, but TV's decisive blow to radio as the dominant media.

In a piece in the Los Angeles Times, Mary McNamara, compares that debate to the third and final presidential debate between Barack Obama and John McCain. "Obama looked so calm, cool and collected you half expected him to break into the opening strains of Summer Wind," she writes, with the sort of partisan fervor that's set the tone for this campaign. "Meanwhile, McCain spluttered, blinked and twitched, possessed by a cacophony of physical tics that were, by turns, frightening and laughable."

Still, McNamara has to admit that, in the hours after the debate, pundits and blogs were conceding that McCain did well, but polls taken in the subsequent week gave Obama the victory. McNamara's point is Obama is the more telegenic candidate — "He is tall and slim, which means he looks good in a suit. He is one of the few heterosexual American men who can appear comfortable while sitting on a stool. He has the wide, bright smile we demand of our movie stars." McNamara's thesis is that television is still the deciding medium, exercising more palpable influence than the Internet, and that Obama's team has exploited this well.

Rick McGinnis writes about music, movies, books and television,

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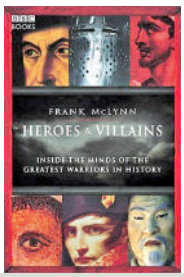
Second shot for Bachelor
Former The Bachelor: London Calling star Matt Grant has not given up on love since his split with fiancee Shayne Lamas. He is in a new relationship with his public relations rep, Sarah Robarts. **PEOPLE.COM**

Martyr in the warrior

BookPick



Heroes & **Villains**

Author: Frank McLynn
Publisher: BBC Books
Price: $39.95 (Hardcover)

What makes a warrior? Frank McLynn explores this question in Heroes & Villains: Inside the Minds of the Greatest Warriors in History. McLynn observes six historical figures — including Richard the Lionheart and Napoleon — attributing them celebrity-like status in his historical account. Finally, McLynn concludes with a statement on the mind of a warrior, observing the roles of murder, crime and the martyr mindset in one's life.

Brian Coulton/for Metro Canada

See more Book Picks at metronews.ca

Dark Knight DVD lands December

MOVIES The Dark Knight, the biggest movie since Titanic, will come out on DVD and Blu-ray on Dec. 9.

Warner Home Video's Batman sequel, which earned $527 million in North American theaters, will be available as a single-disc DVD as well as a two-disc special edition loaded with extras, and in a limited-run two-disc collector's edition boxed set that includes a replica of the Batpod.

Dark Knight also will be released on the high-definition Blu-ray Disc format with BD-Live technology, which lets users connect to the Web to access a variety of interactive features, such as interactions over the Internet with fellow fans. The Blu-ray Disc version will also be available on its own or as part of a gift set. **REUTERS**

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Book peeks inside mind of Bond

BRIAN COULTON
for Metro Canada

He's got ladies, liquor and a licence to kill.

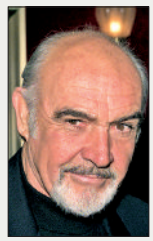
His name's Bond ... James Bond, that is, and his meticulous detection and personal drive are probed in Quantum of Solace: The Complete James Bond Short Stories by Ian Fleming. The nine-part anthology is the first in which Fleming's bibliography of Bond shorts is collected, including From a View to a Kill, Octopussy and the title story, Quantum of Solace.

Unlike their film adaptations, the stories within divulge far more of Bond's personal life and beliefs and aid in justifying his actions and purpose as a character. From his introspective musings on what type of beverage is suitable to order at a restaurant in From a View to a Kill, to his mental transition from covert to critical during periods of operative inactivity in The Property of a Lady, the stories lay bare Bond's thoughts.

The nine-part anthology is the first in which the bibliography of Bond shorts is collected, including Quantum of Solace.

But, that's not to say the stories aren't as loaded as a golden gun with action and adrenaline (both in and out of the bedroom). Fleming dodges the modern excess of violent spectacle by building up relationships and vicious runins in detail. The short stories act as a road map from which the cinematic adaptations draw, picking up pieces from the cutting room floor to generate a different, literary Bond prototype. The collection is not suited for everyone, as it replaces quick on-screen cuts with concentrated biography fiction and more elaborate explanation. But for those intrigued by the narrative behind the legend, this account's for your eyes only.

James Bond book to film adaptations:



Sean Connery

- **Starring Sean Connery** — 1962: Dr. No; 1963: From Russia with Love, 1964: Goldfinger; 1965: Thunderball; 1967: You Only Live Twice; 1971: Diamonds Are Forever
- **Starring George Lazenby** — 1969: On Her Majesty's Secret Service
- **Starring Roger Moore** — 1973: Live and Let Die; 1974: The Man with the Golden Gun; 1977: The Spy Who Loved Me; 1979: Moonraker; 1981: For Your Eyes Only; 1983: Octopussy; 1985: A View to a Kill
- **Starring Timothy Dalton** — 1987: The Living Daylights; 1989: Licence to Kill
- **Starring Pierce Brosnan** — 1995: GoldenEye; 1997: Tomorrow Never Dies; 1999: The World Is Not Enough; 2002: Die Another Day
- **Starring Daniel Craig** — 2006: Casino Royale; 2008: Quantum of Solace

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VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 10/27/08	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (N) (CC)		The Border "Peak Oil" (N)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	'Til Death	How I Met	How I Met	Worst Week	(:01) Boston Legal (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Dancing With the Stars (Live) (CC)			Corner Gas	CSI: Miami (CC)		News (N)
	-	-	10 OMNI	Scrubs (CC)	According-Jim	Stargate SG-1 "Brief Candle"		One Tree Hill (N) (CC)		The Daily	Perspectives	New Day
	252	336	11 GTV	Entertainment	ET Canada	Bones (CC)		Heroes "Eris Quod Sum" (N)		My Own Worst Enemy (N)		News (N)
	256	389	12 VI	Robson Arms	TMZ (N) (CC)	Gossip Girl "Pret-a-Poor-J"		Two/Half Men	Samantha	(:02) The Mentalist (CC)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Chuck (N) (CC)		Celebrity Fit Club (CC)		Curb-Enthsm	Less-Kind	EP Daily
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Gossip Girl "Pret-a-Poor-J"		One Tree Hill (N) (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "Eris Quod Sum" (N)		My Own Worst Enemy (N)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	How Clean	House	Love It or List It (N)		Real Est	Kim	House
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Dancing With the Stars (Same-day Tape)			Samantha	(:02) Boston Legal (N) (CC)		News (N)
	-	-	23 KVOS	M*A*S*H	Seinfeld	October Sky ★★★ (1999) Jake Gyllenhaal, Chris Cooper.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		American Experience: LBJ: We Shall Overcome/Believer				Winslow Ho
	290	382	28 FOX	MLB Baseball: World Series		Cops (CC)	King of Hill	King of Hill	Family Guy	News (N) (CC)		Family Guy
	-	364	48 PBS	American Experience: LBJ		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	Gossip Girl "Pret-a-Poor-J"		One Tree Hill (N) (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	36 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Will & Grace	My Wife-Kids
	297	652	37 WPX	CW11 News at Ten (N) (CC)		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	According-Jim	Frasier (CC)	Odd Couple
	199	311	16 STR	News (N)	News		Late Show-Letterman		(:37) The Ex List	(CC)	Late Late Show	
news	502	390	29 NW	Colour of Money (CC)		CBC News: The National (N)		CBC News: The National		Colour of Money (CC)		National
	500	500	40 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball: World Series Game 5 -- Rays at Phillies				Sportsnet Connected (Live)		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	NFL Football: Colts at Titans			SportsCentre (Live) (CC)		UEFA Weekly	2008 World Series of Poker		SportsCentre
	411	457	49 OLN	Departures (CC)		Pilot Guides (CC)		Don't Forget Your Passport		Mantracker "Brent and Brian"		Departures
	410	403	50 SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Pinks	Pass Time	This Week in NASCAR		Big Shots: Titans at the Tee		Auctions
	416	409	144 GLF	(6:00) Fútbol		Gol TV News		2010 Report		Paid Program	Kings Club	Gol TV News
family	552	543	25 YTV	Malcolm-Mid.	Home Imp.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Mystery Hnt.
	555	545	60 TEL	Scooby-Doo	Ghosts	Ghosts	6teen (CC)	Total Drama	Futurama	American Dad	Chicken	Life's a Zoo
	557	541	61 FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	66 TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Life in Cold Blood (N) (CC)		Hockey: A People's History		Ansel Adams: Doc. Film		Kidfluence: Kids Took Over		Haida Art
	575	583	20 CMT	Hope & Faith	Hope & Faith	Gone Country	Gone Country	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	42 MM	MuchTopTens (CC)		MuchVibe (CC)		So You Think You Can Dance Canada (CC)			Dance	MuchVibe
	600	564	43 H&G	Income Prop.	House	Holmes on Homes (CC)		Property	Marriage	Income Prop.	My First Place	Home to Stay
	615	520	51 A&E	Paranormal State "I Am Six"		Paranormal	Paranormal	Intervention "Jacob" (CC)		Intervention "Allison" (CC)		Paranormal
	628	584	52 SPKE	(6:00) Training Day ★★★ (2001) Scott Glenn			MANswers	CSI: NY (CC)		Star Trek: Voyager "Jetrel"		Deep Space 9
	521	560	53 TLC	17 Kids-Count	17 Kids-Count	Little People	Little People	Jon & Kate	Jon & Kate	17 Kids-Count	17 Kids-Count	Little People
	616	522	63 SHO	Love-Death	Love-Death	Painkiller Jane "Lauren Gray"		Kenny-Spenny	Rent-A-Goalie	Name Is Earl	Name Is Earl	The Office
	620	523	70 BVO	Decoding the Undertow		Law & Order "Venom" (CC)		Without a Trace "Satellites"		I'm All Right, Jack ★★★★ (1960, Comedy)		
	601	562	71 SLC	Project Runway		Til Debt-Part	Newlywed	Beautiful	Party Mamas	Project Runway		Trading Sp
	520	505	72 DIS	Canada's Worst Driver (CC)		Daily Planet (CC)		Dirty Jobs "Ice Salvage Crew"		Canada's Worst Driver (CC)		MythBusters
	522	506	74 HIS	NCIS "Missing" (CC)		Battle 360 "The Grey Ghost"		Sinking a Destroyer (CC)		NCIS "Missing" (CC)		Crime Stories
	627	528	75 SPC	Eureka (N) (CC)		Stargate SG-1 (CC) (DVS)		Lost "Orientation" (CC)		Star Trek: Deep Space Nine		Star Trek
	294	650	97 TBS	Name Is Earl	Name Is Earl	Seinfeld	Sex and-City	Sex and-City	I Am Sam ★★ (2001) Sean Penn, Michelle Pfeiffer. (CC)			
	619	525	98 TROP	TV Made	Very Bad Men (CC)		What	Make	TV Made	Planet Soap	Reality	Final 24 (CC)
	603	561	99 FN	Kitchen Nightmares (CC)		Restaurant Makeover (CC)		Sugar Skyscrapers (CC)		Good Eats	Ace of Cakes	Nightmares
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Simple Life	Simple Life	Daily Show
	320	621	80 CEN	(:05) Stargate Atlantis (N)		Californication	Little Britain	Revolver (2005) Jason Statham. (CC)			(:45) Clerks II ★★ (2006)	
	581	566	101 MTV	The Hills (N)	After	MTV Live	MTV News	Man and Wife	The Hills	The Hills	After	MTV Live
	261	394	102 V	The Protestant Revolution		Mysterious Ways "Demons"		Prime Minister	May-Dec.	McLeod's Daughters		Paid Program
	-	-	105 MUL	Matchmaker	Mom's-Upset	It Will Be Difficult to		Marimar		Pinoy: That's Entertainment		Patrol World

critics'corner

The Border
Some people just take the "going green" thing a little too far. In this new episode, a pumping station in Alberta becomes the victim of sabotage at the hands of eco-terrorists. As Gray and Layla (Graham Abbey, Nazneen Contractor) investigate, they uncover a convoluted web of espionage involving international corporate interests. James McGowan and Sofia Milos also star in "Peak Oil." 9 PM on CBC

Corner Gas
It's everyone for himself — or herself — in this new episode. Brent (Brent Butt) decides to offer self-service at the gas station, and Lacey (Gabrielle Miller) does likewise at the Ruby with buffet-style dining. Wanda (Nancy Robertson) wants to win back her unofficial title as Dog River's "rumor queen." Hank (Fred Ewanuick) tries to unload an old computer. Tara Spencer-Nairn also stars in "Self-Serving." 9:32 PM on CTV

It's a boy for Poehler, Arnett

Comedians Amy Poehler and Will Arnett have welcomed their first child, a boy. Archie Arnett was born on Saturday and weighed in at 8 lbs., 1 oz., their rep Lewis Kay said in a statement. PEOPLE.COM

Celebrity Buzz

Hudgens doesn't regret nude pics

CELEBRITY High School Musical star Vanessa Hudgens doesn't regret the world seeing naked images of her, despite it leaving her "traumatized," imdb.com reports.

Hudgens was at the centre of controversy when the full frontal shots, which she reportedly took for her boyfriend Zac Efron, appeared on the Internet. But despite the pictures' effect on her squeaky clean reputation, Hudgens insists she is a great believer in fate.

"I think that everything happens for a reason and I wouldn't take back anything that I've done," she says. "I don't like talking about it because it was something that was meant to be private and I'd still like to keep it as private as I can."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Posh and Becks' doc deal

DOCUMENTARY David Beckham and his former Spice Girl wife Victoria are set for a $16-million US payday if his planned move to Italy goes ahead — they will make a film of their new life, imdb.com reports.

The soccer player is lining up a move from Los Angeles to Europe to play on loan for AC Milan football club in January. If the transfer goes ahead, the celebrity couple will be offered the chance to make a documentary about their showbiz lifestyle.

Italian Prime Minister Silvio Berlusconi, who owns AC Milan, is said to be planning to offer the Beckhams $16 million for the film. Victoria made a similar documentary, entitled Victoria Beckham: Coming to America, covering their move to America when Beckham signed for L.A. Galaxy in July 2007.

"It will be similar in format to the U.S. documentary last year, but this time the budget is absolutely huge. It will be a really polished, professional production," a source tells Britain's Daily Mirror. "With Silvio 100 per cent behind the project, as part of his vision to expand the AC Milan brand, it really will be no holds barred."

METRO NEWS SERVICES

Damon won't spoil his kids

PARENTING Actor Matt Damon is determined his three daughters won't be spoiled by a lavish lifestyle, and plans to take them with him as he carries out charitable work in impoverished parts of the world, imdb.com reports.

The star has become well-known for his philanthropic efforts in Africa and around the world. And he wants Isabella, two, two-month-old Gia and stepdaughter Alexia, 10, to follow in his footsteps.

"It's a hard thing to explain to a kid. And it is also unbelievable the way other kids are forced to live," he says. "The way you have to parent them is to show them the world. Explaining the world can only go so far. You can read about devastation every morning … but when you actually go there and see it, you realize this isn't something you can turn the page on."

METRO NEWS SERVICES

Paparazzi scares Biel

FAME Actress Jessica Biel finds dealing with the paparazzi the hardest part of the celebrity lifestyle, insisting the ever-present photographers often drive her to tears, imdb.com reports.

Biel found herself a major media target when she began dating pop star Justin Timberlake in 2007.

"It's hard. The hardest part of this whole wonderful, bizarre lifestyle and profession," she tells Britain's Marie Claire magazine.

"You have to be Zen about it, because it can make you crazy. There are times when I have been followed by men with giant cameras in giant SUVs all day long. It scares … me and I literally come home and emotionally erupt and cry it out and sit on the floor and think, 'Do I really want this?'"

METRO NEWS SERVICES

celebrity briefs

Barton likes being a free agent

DATING After a string of high-profile relationships Mischa Barton says she likes being a free agent, People.com reports. ??

"I'm not used to being single but it's really nice," Barton says. "It's great, actually," adds the former O.C. actress.

In fact, Barton has advice for other single girls: "Just embrace it," she says. "It's important to breathe for a minute."

METRO NEWS SERVICES

FameThrower

Joe O'Neill

Joe's take on celebrities

His breakout Hollywood movie saw him play a sensitive but troubled übergenius with a social conscience, and now Good **Matt Damon** wants you all to know just how caring he really is. He swears his daughters won't become spoiled little celebspawn, indulging their every materialistic whim while remaining blissfully aware of the suffering in the world. What about my suffering, **Damon**, if I'm still writing this column in 16 years and your girls aren't providing fodder for me?

Matt says he's not just going to tell his daughters about the plight of the less fortunate, but will actually show them the suffering. Hopefully, this will include personally introducing them to everyone who paid money to see **The Legend of Bagger Vance**.

How much fun is it going to be for the girls? **Isabella**'s going to want a piñata for her birthday party, but instead **Damon** will make her and the other kids work on a water-filtration prototype. **Gia**'s going to get a trip to Burundi for her high school graduation present. **Alexa** will have to go all **Jason Bourne** and liberate child labourers from a toy factory in China.

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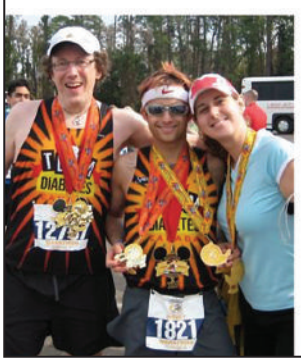

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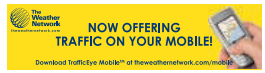
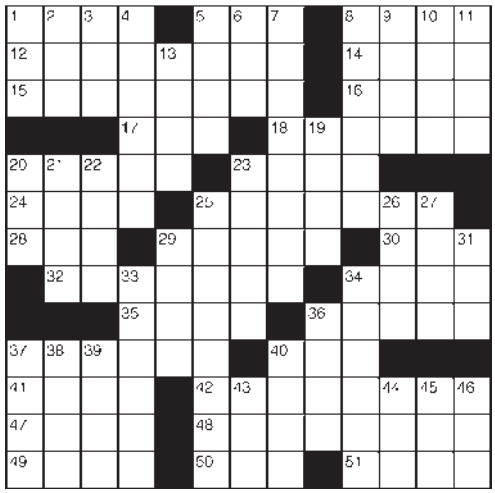


Take Five



Crossword across

1 Split apart
5 Track circuit
8 Taj Mahal city
12 Phone number prefix
14 Reach 212 degrees F.
15 Be sycophantic toward
16 A single time
17 Prompt
18 Semblances
20 Little bird's call
23 Despot
24 Pianist Dame Myra
25 Unknown man
28 A Gershwin
29 "The Old — Bucket"
30 Boxer
32 Fastened a belt
34 Gambling game
35 NC school
36 Serf
37 "Ed Wood" Oscar winner Martin
40 Crib
41 Notion
42 Stop progressing
47 Bellow
48 Cinched
49 Venomous snakes
50 Biblical verb ending
51 Building block name

Crossword down

1 U.K. fliers
2 Historic period
3 Fresh
4 Trips the light fantastic
5 Adore
6 Lemony quaff
7 Ceased to exist
8 On the ship
9 Talent show prop
10 Wedding shower?
11 Microbrewery output
13 — d'état
19 "Death in Venice" author
20 Actor McBride
21 34-Down, for one
22 Jacob's brother
23 Bus fare, sometimes
25 Louvered window
26 October birthstone
27 37-Down replacer
29 Tex. neighbor
31 Comprehended
33 Lebanese trees
34 Finocchio
36 Lofty
37 Old Italian money
38 Commotions
39 Tide type
40 "Splish Splash" activity
43 Potent stick
44 Mr. Lincoln
45 Playground game
46 Self

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		9				5	2	
2	4						1	
			3		4	9		
		8			7	4		5
			1		6			
7		2	4			1		
		7	5		8			
	9						8	3
	6	3				2		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

7	5	4	9	1	6	8	3	2
3	2	1	4	8	7	9	5	6
8	6	9	5	3	2	7	4	1
1	8	6	3	2	9	5	7	4
5	9	7	8	6	4	1	2	3
4	3	2	1	7	5	6	9	8
9	1	3	2	5	8	4	6	7
2	7	5	6	4	1	3	8	9
6	4	8	7	9	3	2	1	5

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SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day

Baked Chicken with Tomatoes

INGREDIENTS:
1 egg
1/2 tsp (2 mL) salt
1/2 cup (125 mL) toasted Brazil nuts or blanched almonds, finely chopped
1/3 cup (75 mL) wheat germ
4 boneless skinless chicken breasts
2 tbsp (25 mL) olive oil
2 cups (500 mL) grape or cherry tomatoes, halved
1 tsp (5 mL) dried basil

METHOD:
1. Preheat oven to 425°F (220°C). Coat a baking sheet with cooking spray.
2. Place egg and salt in a shallow dish and whisk with 1 tbsp (15 mL) water. In another shallow dish, combine nuts and wheat germ. Dip chicken breasts into egg and then nut mixture. Place on the baking sheet and coat with cooking spray. Bake, turning once, for 15 to 20 minutes (depending on thickness) or until cooked through and crispy.
3. Meanwhile, heat oil in a large skillet over medium-high heat. Add tomatoes and basil and cook until just browned, 3 minutes. Serve with chicken.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A proposal is made and then cast aside. Don't investigate other people's business. Tentative moves are made after an alarming chat.

TAURUS
APRIL 21-MAY 21
Scan the news for a warning of changes. Prepare to be astounded by approaching intensity. An adversary's despair will signal the end of a battle.

GEMINI
MAY 22-JUNE 21
Your generosity will return to you. A friend takes your side in an ethical debate. Certain info makes you want to crawl back into bed.

CANCER
JUNE 22-JULY 22
A catty woman tries to preach. You've heard it all before when gossip involves a break-up. Don't work late even if you're indispensable.

LEO
JULY 23-AUG 23
Running wild helps you to avoid monotony. Warn someone about a terrible struggle. A health problem results from lack of motivation.

VIRGO
AUG 24-SEPT 22
An executive's etiquette needs adjustment. Dangle enticing prospects before an asinine associate. Go beyond duty in order to walk away with dignity.

LIBRA
SEPT 23-OCT 23
An innocent wimp has a run of good fortune. Don't complain of animosity in public areas. A naughty idiot only has eyes for you.

SCORPIO
OCT 24-NOV 22
Organizational problems should be dealt with. Allow others to talk you out of a bad decision. Someone will have convenient amnesia.

SAGITTARIUS
NOV 23-DEC 21
Power-driven problems can cause turmoil. Adjustment problems are to be expected. Don't volunteer because of a sense of obligation.

CAPRICORN
DEC 22-JAN 20
Try to be on the same page as your allies. Keep your eyes on your secret plan. Display your persuasive people skills.

AQUARIUS
JAN 21-FEB 18
Someone gives you the benefit of a doubt. A foolish friend is rebellious about responsibility. A peace lover comes to the rescue.

PISCES
FEB 19-MARCH 20
A hostile companion loses control. Confidence makes the difference in your objective. Politics creates quarrels between friends.

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This day in history

OCT. 27, 1904: The first underground New York City Subway line opens; the system becomes the biggest in United States, and one of the biggest in world.
OCT. 27, 1971: Democratic Republic of the Congo is renamed Zaire.
OCT. 27, 1986: The United Kingdom government suddenly deregulates financial markets, leading to a total restructuring of the way in which they operate in the country, in an event now referred to as the Big Bang.
OCT. 27, 2004: Boston Red Sox win their first World Series in 86 years by defeating the St. Louis Cardinals.

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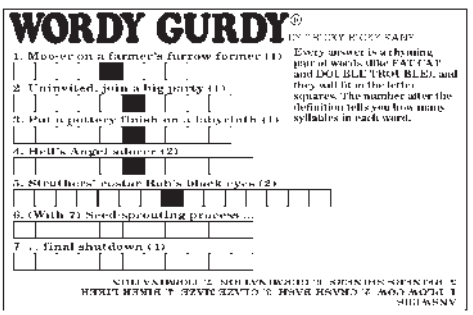
WORDY GURDY


WORDY GURDY
1. Mower on a farmer's furrow former (1)
2. Uninvited, join a big party (1)
3. Put in gallery. Finish on a baby plinth (1)
4. Hell's Angel salmon (2)
5. Brothers' rookie Rob's black eyes (2)
6. (With 7) Seed-sprouting princess ...
7 ... final shutdown (1)

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